

# Social determinants of health: Meaning what exactly?

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## **CDC:**

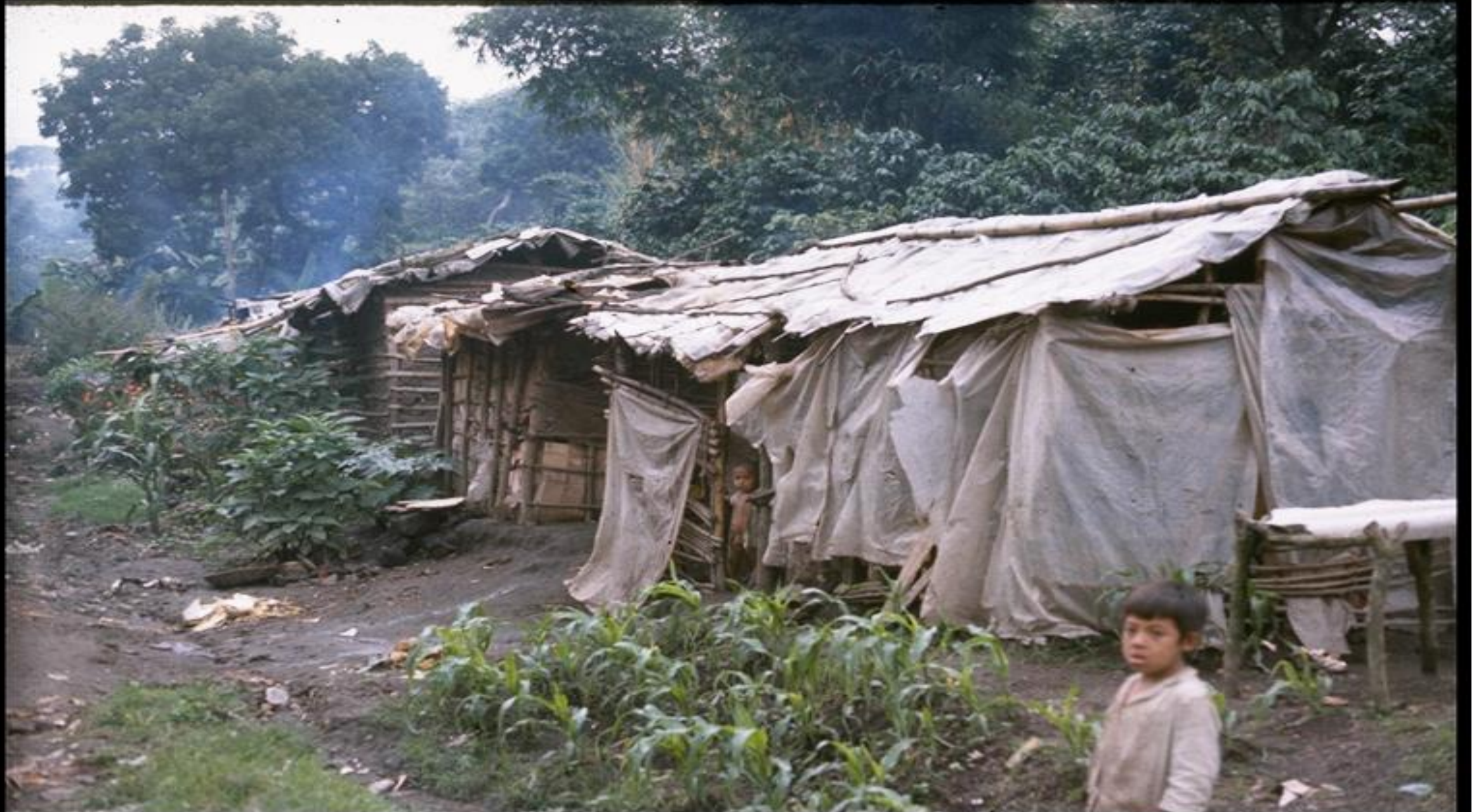
**The social determinants of health are the conditions in which people are born, grow, live, work and age<sup>1</sup> as well as the complex, interrelated social structures and economic systems that shape these conditions.<sup>2</sup> Social determinants of health include aspects of the social environment (e.g., discrimination, income, education level, marital status), the physical environment (e.g., place of residence, crowding conditions, built environment [i.e., buildings, spaces, transportation systems, and products that are created or modified by people]), and health services (e.g., access to and quality of care, insurance status).<sup>2</sup>**

Social determinants of health:

What is it about those pesky preconditions of disadvantage?

- **Health, nutrition, stamina status are suboptimal**
- **Community and built environment more hazardous**
- **Less able to deter optional risks**
- **Fewer livelihood options outside high-risk areas**
- **Reduced political options**
- **Few resources to prepare for/ recover from disasters**
- **Chronic, overt racism**

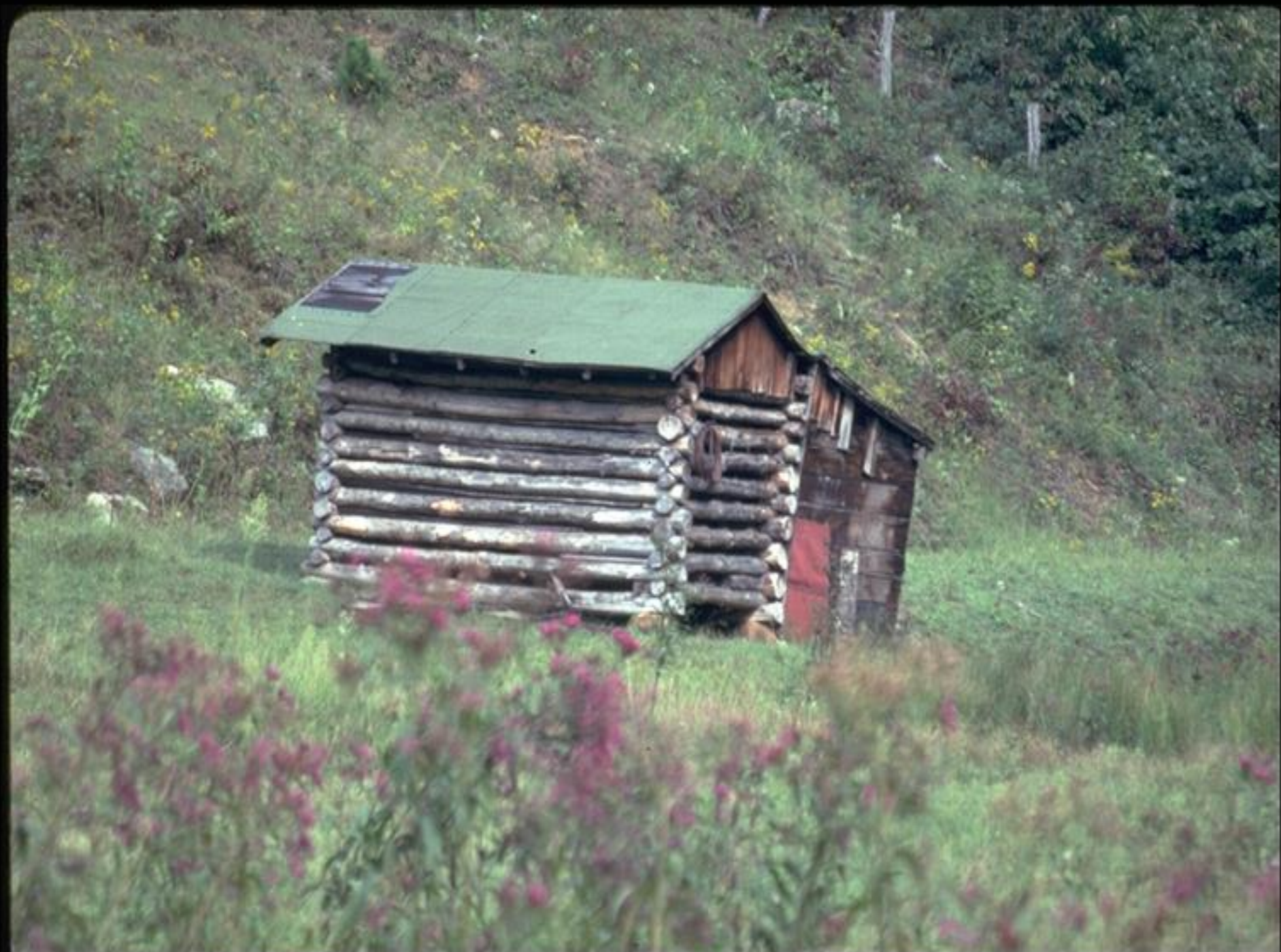




# Guatemala: 1976 Earthquake

25,000 plus killed; >125K homeless



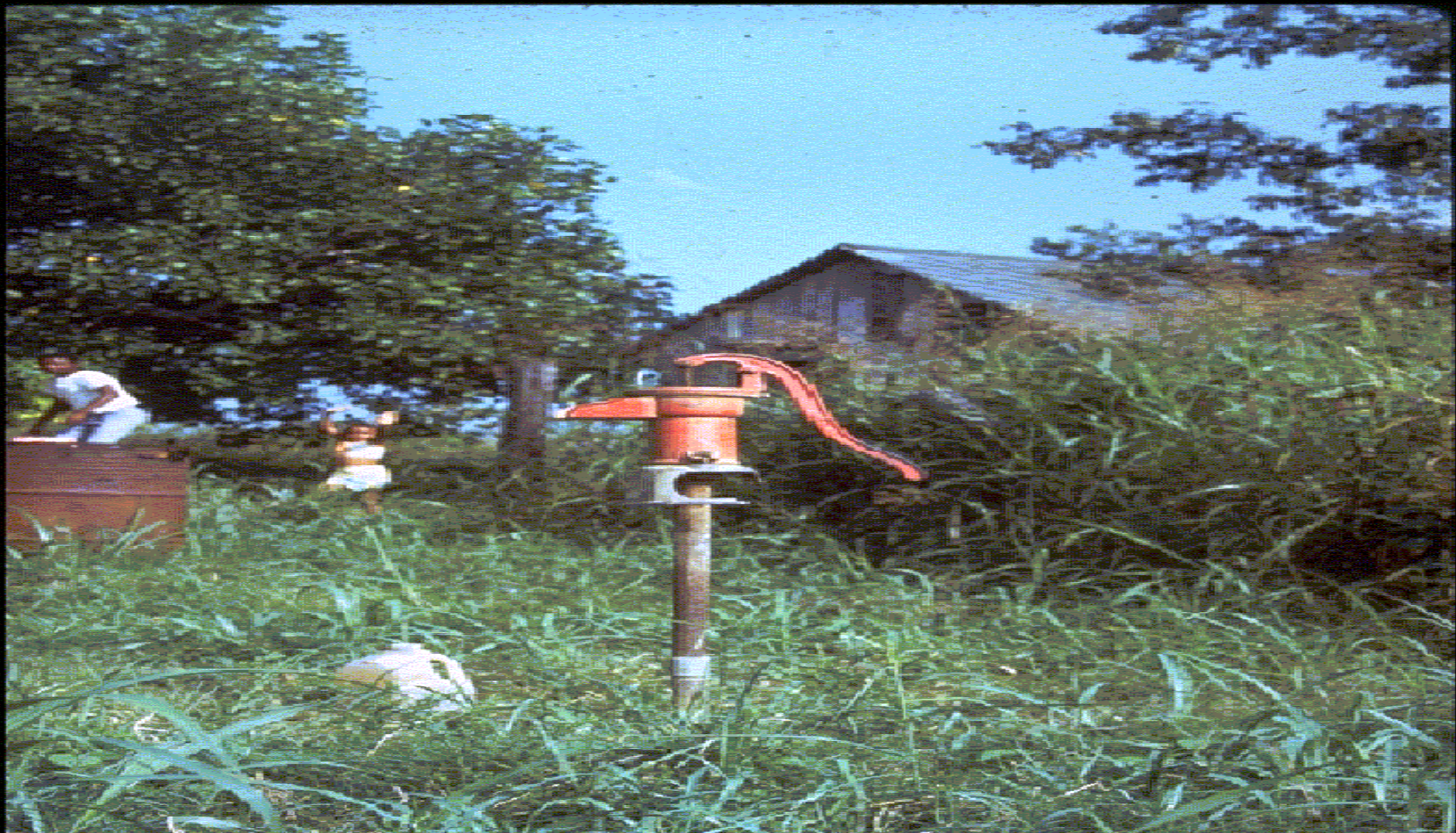




















# Welfare hotels

- **Privately owned**
- **\$1,500 - 3,000/month/room**





