



# Building Up Communities & Breaking the COVID-19 Divide

June 2020



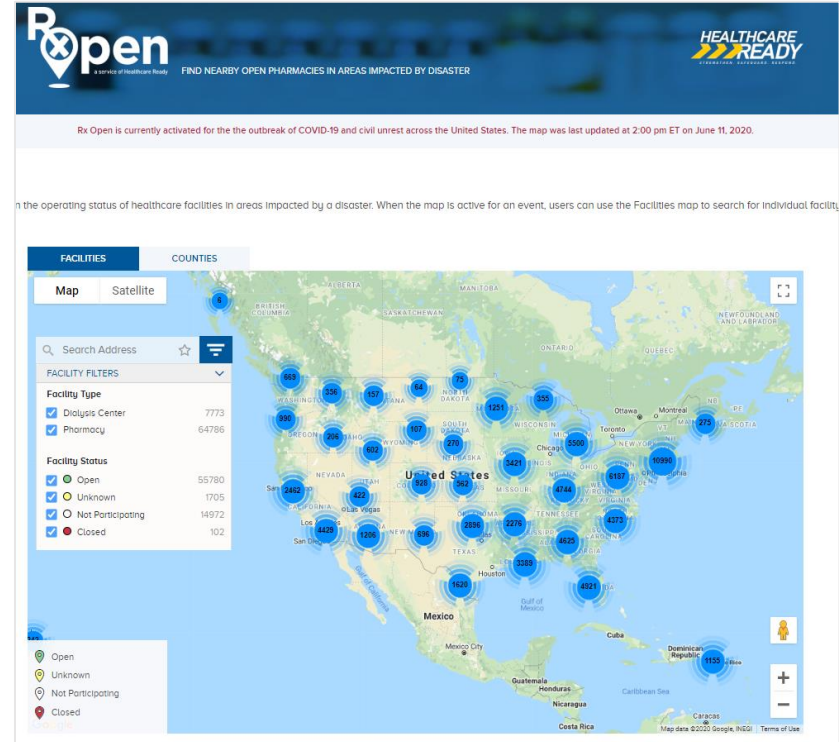
# Who We Are

Healthcare Ready focuses on health preparedness and response, serving as a linkage point for the health sector and government partners at the federal, state, and local governments. Our goal is to facilitate the planning and response coordination that improves our ability to respond to threats that disrupt patient access to healthcare during crises.

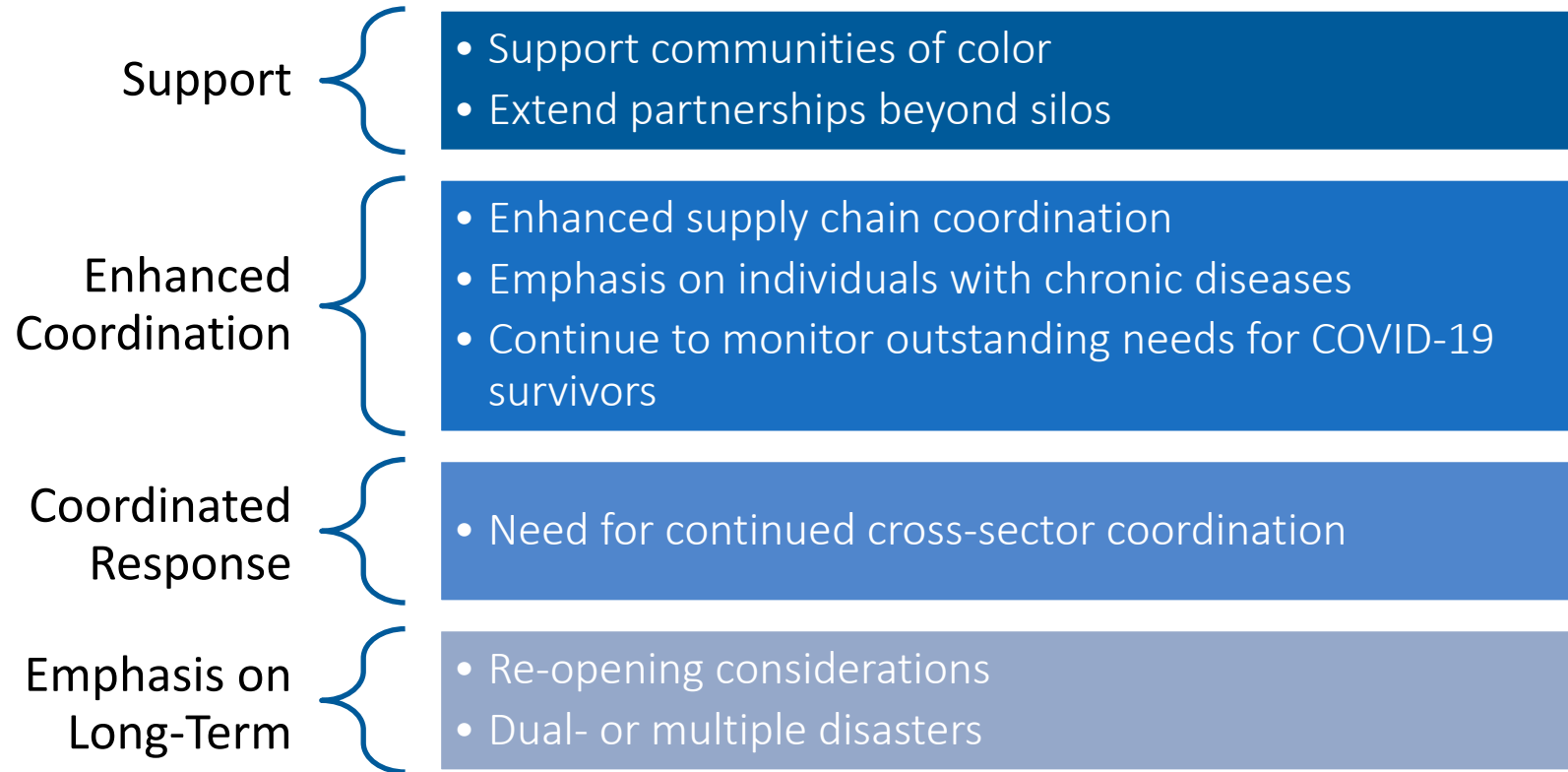


## What we do to help

- + **Help ensure deliveries** of critically needed healthcare supplies.
- + **Coordinate donations** and resources between public and private sector and direct them to areas of greatest need.
- + **Provide access** to needed contacts between sectors.
- + **Build relationships** in advance of events.
- + **Connect patients** to healthcare facilities and supplies during emergencies.
- + **Serve as a trusted information-sharing forum** before and after emergencies



# Moving Forward in COVID-19: Areas of Focus





*STRENGTHEN. SAFEGUARD. RESPOND.*

# Health Disaster Preparedness and Response





## Federal response posture is quickly evolving

- More “response forward” stance
- Aggressive private sector engagement, from different vantage points, complicates information-sharing
- Reorganizations of DHS and HHS

## Adjusting to the “new normal” disaster cycle

- Little downtime, and no slow season
- Recovery bleeding into response gives little time to plan or prepare
- Broad range of events
  - More extreme events – natural, man-made, disease outbreak

## Communities facing concurrent emergencies

- Resources are constrained almost across the board
- Coordination fatigue has set in
- Responders are almost always personally impacted by one or multiple events to which they’re responding



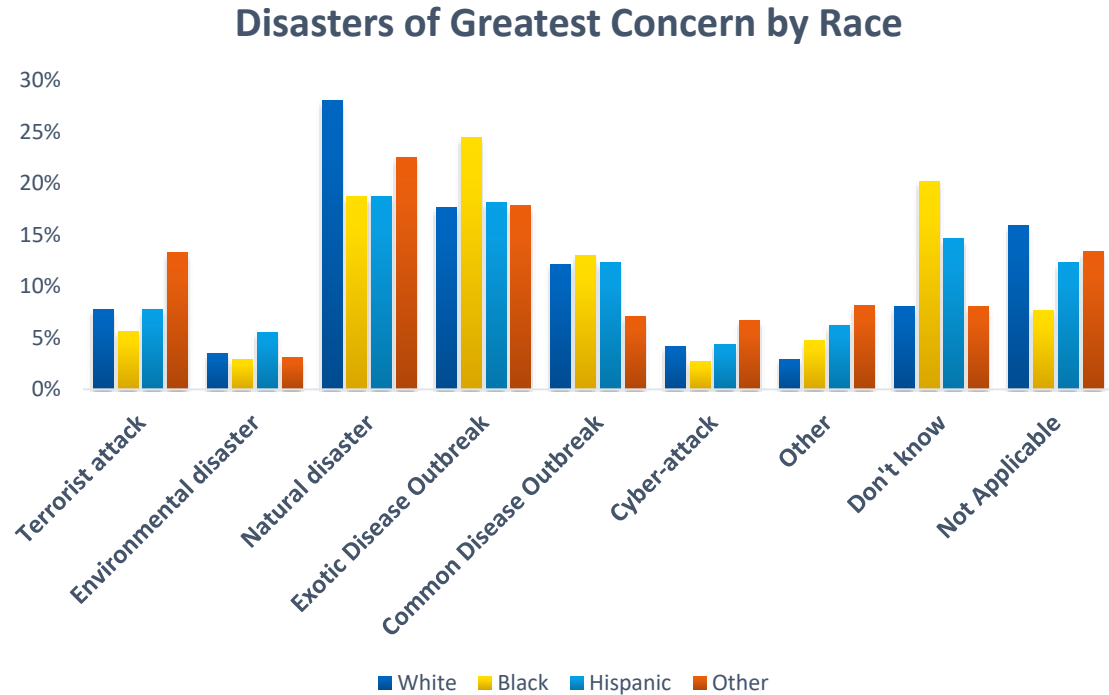
# Disparities in Preparedness



# 2020 Disasters of Greatest Concern by Race

When stratified by race,

- 28% of whites were most concerned that a **natural disaster** would impact their community.
- 24% of blacks were most concerned that an **outbreak of an exotic disease** would impact their community.
- 19% of Hispanics were most concerned that a **natural disaster** would impact their community.
- 23% of other were most concerned that a **natural disaster** would impact their community.



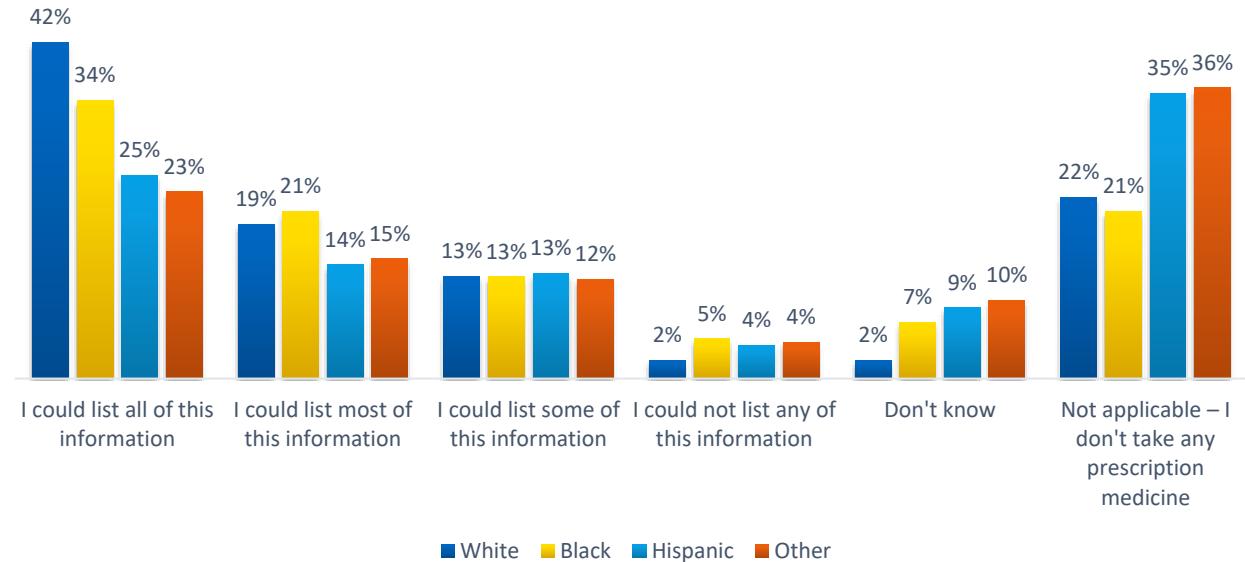


# If you had to evacuate your home with no medications or medical supplies, would you know what prescriptions you take, the doctor who prescribed them, and the dose?

When stratified by race,

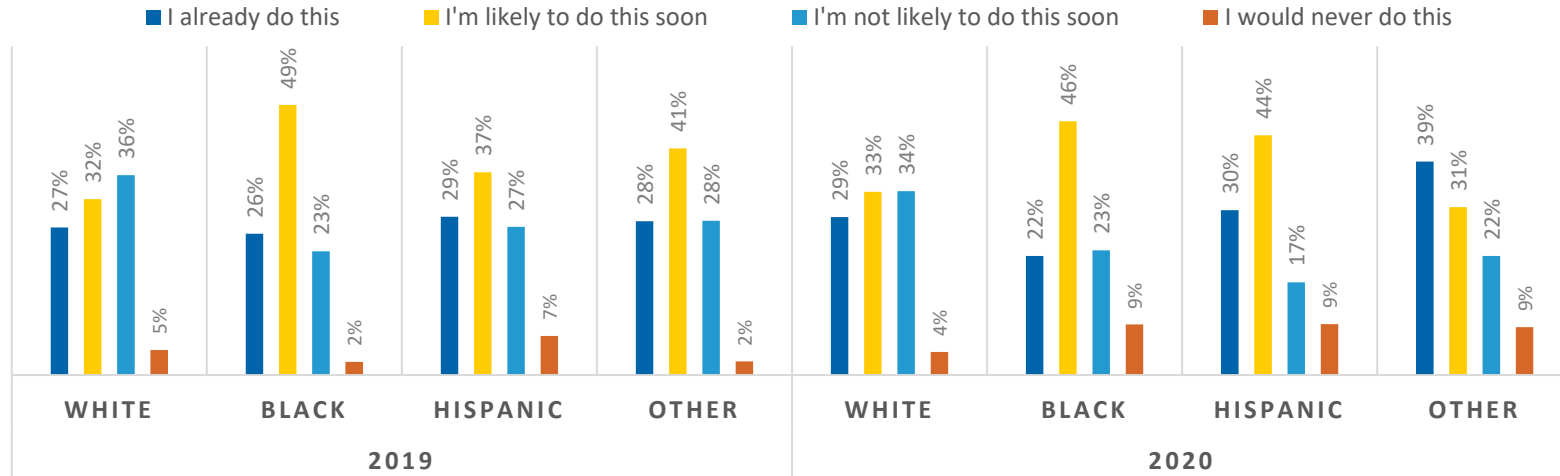
- 42% of whites, 34% of blacks, 25% of Hispanics, and 23% of other can list **all information** related to their medications or medical supplies.
- 2% of whites, 5% of blacks, 4% of Hispanics, and 4% of other say that they could **not list any information**.

## Prescription Knowledge by Race



# How likely, if at all, are you to take the following preparedness actions in the future?

## KEEP A BAG PACKED WITH EMERGENCY SUPPLIES BY RACE



When stratified by **race**, we see that **Blacks were least likely** to keep a bag packed with emergency supplies (22%), a decrease of 4% since 2019.

**Whites and Hispanics were slightly more likely** to keep a bag packed with emergency supplies in 2020 compared to 2019. While other saw an increase of 11% from 2019 to 2020.

# COVID-19 Disparities



# Disasters don't create inequities and vulnerabilities, they expose them.

The COVID-19 pandemic has left few communities untouched. Why then, does it seem that certain communities are dying at significantly higher rates?



Disparities  
Exposed by  
Disasters



Exposure  
Increased



Medical  
Fragility  
Increased



Mis-  
information



Fear &  
Uncertainty



## Why are **Black** and **Latinx** communities especially vulnerable to **COVID-19**?



**CHRONIC HEALTH  
CONDITIONS**



**ENVIRONMENTAL  
EXPOSURE**

*Intersection of social vulnerability and medical fragility*



## CHRONIC HEALTH CONDITIONS



### ASTHMA

Black people suffer from the highest rate of asthma among racial/ethnic groups, with **9.6% of Black adults living with asthma** compared to 8.2% of whites and 6% of Hispanics.<sup>12</sup>



**9.6%**  
Black **6%**  
Latinx

### HYPERTENSION

Black people are **50% more likely to have high blood pressure** than white people.<sup>3</sup> Latinx adults are **less likely** to have high blood pressure than whites.<sup>4</sup>



**50%**  
Black

### DIABETES

Black adults are **60% more likely** than whites to have been diagnosed with diabetes.<sup>5</sup> Latinx adults are **70% more likely** to have diabetes than whites.<sup>6</sup>



**60%**  
Black **70%**  
Latinx

## MULTI-GENERATIONAL HOUSEHOLDS

Elderly people are at a greater risk of contracting the virus in a multi-generational home. About **half of all multi-generational households** (having two or more adult generations in a single household) are **Black or Latinx**.<sup>14</sup>



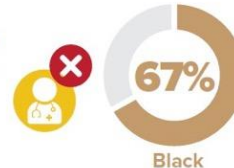
## HEALTHCARE ACCESS

Compared to whites, **Blacks are twice as likely**, and **Latinx people are four times more likely**, to lack health insurance.<sup>15</sup>



**2x**  
Black **4x**  
Latinx

Predominantly **Black communities** are **67% more likely** to experience a **shortage of primary care physicians**.<sup>16</sup>



## ENVIRONMENTAL EXPOSURE



These emotional health tips from Wheaton HDI can **keep your faith community healthy** during COVID-19:

- Pay attention to your body and your emotions
- Embrace best health practices
- Access reliable resources
- Share reliable Information
- Practice Self-Care
- Support Each Other



[bit.ly/2yS08gb](https://bit.ly/2yS08gb)

HealthcareReady.org

**Virtual services** not only keep your congregants safe during COVID-19, but can expand the reach of your faith community



HealthcareReady.org

Mass texts are a great way to **update congregants during COVID-19**, so make sure your contact lists are up to date!



HealthcareReady.org

- Technical resources and trainings
  - Faith-based leaders
  - Civil rights organizations
  - Elected officials
  - End-stage renal disease coalitions
  - Cancer/oncology patient groups
  - Diabetes coalitions
- Engagements
  - COVID-19 Community Listening Session
  - COVID Communications: How To Talk With Your Communities During Pandemic
  - Personal Protection Measures
  - COVID-19 Public Health Policy



**PROTEST. STAY SAFE.**

**Protect yourself from COVID-19 when you return home.**

**Try to isolate and quarantine when you're home.**  
If you feel safe doing so, let your household know where you've been, and isolate in another part of the house for 14 days AFTER your last protest.

**Wash your clothes and bathe thoroughly.**  
Wash your clothes separately from others. Take any equipment, shoes with you and clean them in your isolated space. Do not share.

**PROTEST. STAY SAFE.**

**Protect yourself from COVID-19 while you are protesting.**

**Wear a mask (and bring spares).**  
Try to wear your mask at all times, even when you are chanting. Bring clean spares for yourself in case you are hurt or if your mask becomes torn, contaminated, or sprayed. Bring a spare for a fellow protester.

**Bring water, wipes and a bandana if you can.**  
Try to clean your hands AND your phone frequently if you can to avoid bringing germs to your nose, mouth, and eyes. Use the bandana to protect yourself if you are gassed, and water to rinse your eyes.

**Put your medical information on your phone.**  
If you are injured, paramedics will be able to access emergency medical information even if your phone is locked. If you have health issues, consider staying in spaces that are less crowded with police or protesters.



<https://healthcareready.org/covid19>

## Stay Connected with Healthcare Ready



[www.HealthcareReady.org](http://www.HealthcareReady.org)

Response-related questions or assistance: [Alerts@HealthcareReady.org](mailto:Alerts@HealthcareReady.org)

General outreach to Healthcare Ready: [ContactUs@HealthcareReady.org](mailto:ContactUs@HealthcareReady.org)

Hotline: **1-866-247-2694**

COVID-19 Emergency Page: <http://www.healthcareready.org/covid19>

Sign up for Healthcare Ready's regular Situation Report:

<http://www.healthcareready.org/contact-us>

Follow @HC\_Ready on *Twitter*, Healthcare Ready on *Facebook*

