

## Course Description

This performance-level, virtual instructor-led training will provide participants with an understanding of the mental and behavioral health impacts that pandemics have on the community. The course will look at specific populations (such as health care, first responders, the elderly, and children) and how the impacts on them may differ. The course will also present strategies for planning for and responding to mental and behavioral health impacts from a pandemic to help build resilience. Finally, information on communications and information sharing will be presented regarding the mental and behavioral health impacts from a pandemic.



## About this Course

This performance-level, virtual instructor-led training will provide participants with an understanding of the mental and behavioral health impacts that pandemics have on the community.

**By the end of this course, participants will be able to fulfill the following learning objectives:**

- Recognize the mental and behavioral health impacts to a population during a natural disaster or pandemic.
- Identify mitigation strategies to counter mental and behavioral health impacts during a natural or human-made disaster or pandemic.
- Identify resources available to respond to mental and behavioral health impacts to individuals and populations during a pandemic and other disasters.
- Practice coordination and communication to access mental and behavioral health resources.

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