

Building Up Communities and Breaking the COVID-19 Divide: Social determinants of health and the "rules of the game"

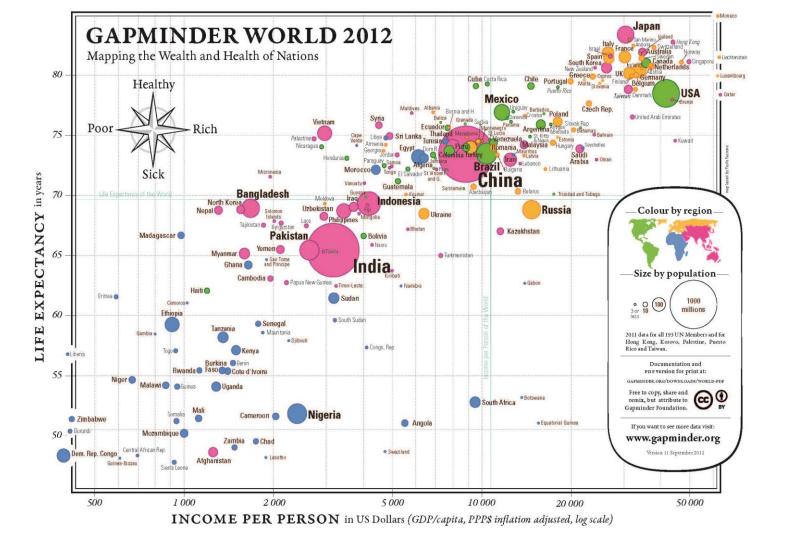
David Abramson 24 June 2020



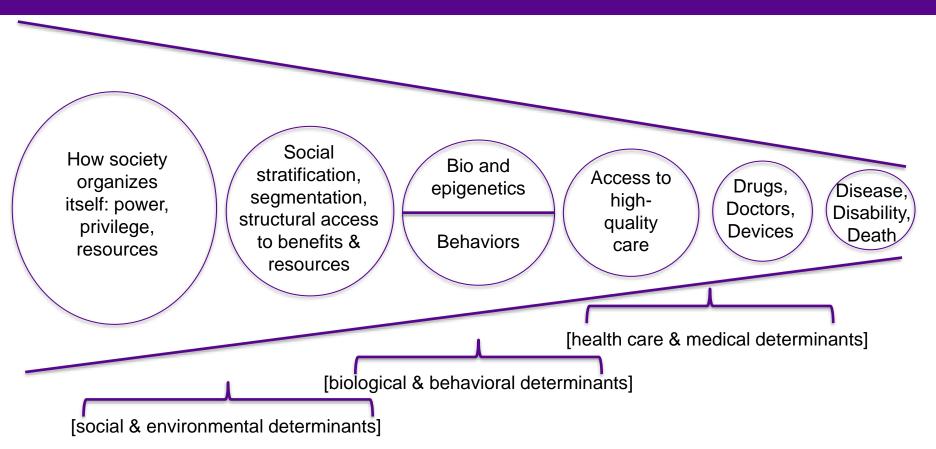


"If a factory is torn down but the rationality which produced it is left standing, then that rationality will simply produce another factory. If a revolution destroys a government, but the systematic patterns of thought that produced that government are left intact, then those patterns will repeat themselves.... There's so much talk about the system. And so little understanding."

-- Robert Pirsig, Zen and the Art of Motorcycle Maintenance (epigraph to Thinking in Systems by Donella Meadows)









| | | Death Rate per |
|--|---------------|--------------------|
| Cause of Death | No. of Deaths | 100 000 Population |
| Heart disease | 710 760 | 258.2 |
| Malignant neoplasm | 553 091 | 200.9 |
| Cerebrovascular disease | 167 661 | 60.9 |
| Chronic lower respiratory tract disease | 122 009 | 44.3 |
| Unintentional injuries | 97 900 | 35.6 |
| Diabetes mellitus | 69 301 | 25.2 |
| Influenza and pneumonia | 65 313 | 23.7 |
| Alzheimer disease | 49 558 | 18 |
| Nephritis, nephrotic syndrome, and nephrosis | 37 251 | 13.5 |
| Septicemia | 31 224 | 11.3 |
| Other | 499 283 | 181.4 |
| Total | 2 403 351 | 873.1 |

| Actual Cause | No. (%) in 1990* | No. (%) in 2000 |
|-----------------------------------|------------------|------------------|
| Tobacco | 400 000 (19) | 435 000 (18.1) |
| Poor diet and physical inactivity | 300 000 (14) | 400 000 (16.6) |
| Alcohol consumption | 100 000 (5) | 85 000 (3.5) |
| Microbial agents | 90 000 (4) | 75 000 (3.1) |
| Toxic agents | 60 000 (3) | 55 000 (2.3) |
| Motor vehicle | 25 000 (1) | 43 000 (1.8) |
| Firearms | 35 000 (2) | 29 000 (1.2) |
| Sexual behavior | 30 000 (1) | 20 000 (0.8) |
| llicit drug use | 20 000 (<1) | 17 000 (0.7) |
| Total | 1 060 000 (50) | 1 159 000 (48.2) |

Mokdad et al (2004). Actual Causes of Death in the United States, 2000. JAMA. 291(10):1238-1245

NEW YORK CITY

DETROIT, MICHIGAN

Follow the discussion #CloseHealthGaps

Short Distances to Large Gaps in Short Distances to Large Short Distances to Large Gaps in Health



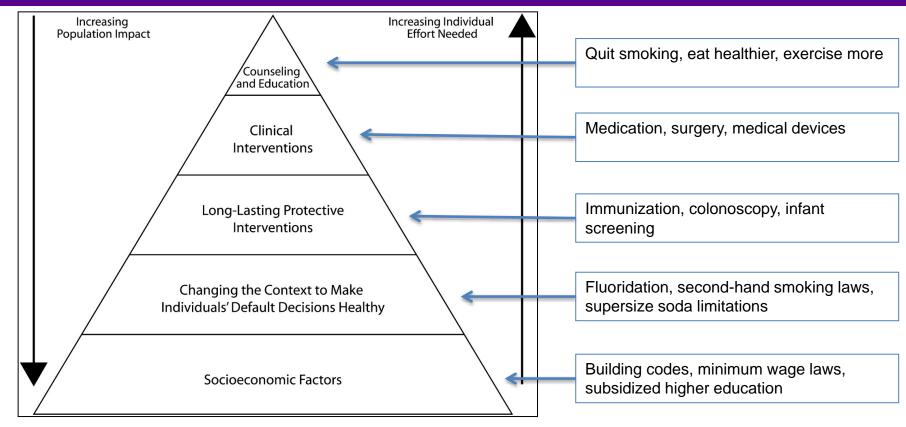








Frieden's Health Impact Pyramid



Frieden TR (2010). "A framework for public health action: The health impact pyramid." AJPH. 100(4): 590-595



States and health systems beginning to measure and collect data on Social Determinants of Health

- as population measures
- as clinical measures (part of electronic health records)



Spencer et al (2016) Measuring Social Determinants of Health among Medicaid Beneficiaries: Early State Lessons: CHCS Brief

Exhibit 2: Current Data Collection on Common SDOH Domains in Select States*†

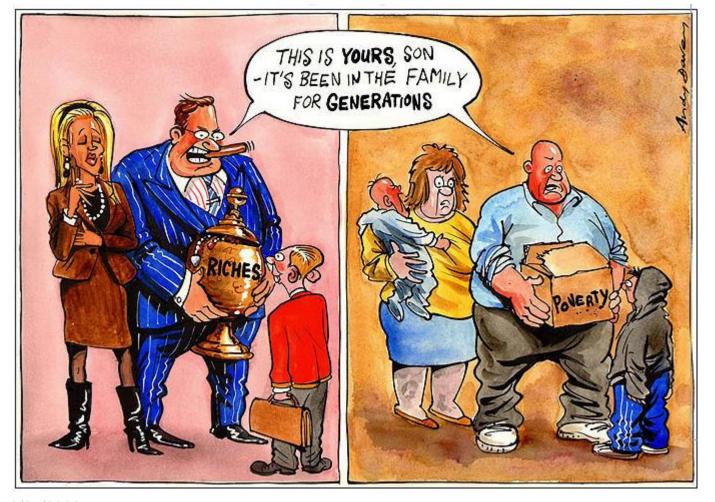
| SDO | OH Domains | KS | MA | MI | NY | OR | TN | VT | WA |
|-----|------------------------------|----|----|----|----|----------|----|----|----|
| | Housing | • | • | • | • | • | • | • | ~ |
| | Family and Social Support | ~ | • | ~ | • | | • | ~ | ~ |
| | Education and/or Literacy | • | • | ~ | | • | | • | • |
| 44 | Food Security | | • | ~ | | • | • | ~ | ~ |
| - | Employment | • | • | ~ | ~ | ~ | ~ | ~ | • |
| | Transportation | | • | ~ | | | | ~ | ~ |
| | Criminal Justice Involvement | ~ | • | | ~ | • | | ~ | ~ |
| Å | Intimate Partner Violence | | • | | • | ~ | | | |

^{*}Data collected from Medicaid beneficiaries at the individual and/or population level.

[†] Data not systematically collected on the entire Medicaid population.



| Focus | |
|----------------|---|
| Organizational | Inform provider quality improvement Provide data for risk adjustment and reimbursement rates Inform program evaluation (e.g., Health homes) |
| Population | Assess impact of SDOH on population health Inform community health promotion programs |
| Individual | Develop care coordination strategies Expand access and availability of ancillary services |



...money, knowledge, prestige, power, and beneficial social connections that protect health no matter what mechanisms are relevant at any given time-

(Link & Phelan on Fundamental Causes of Health)